

GARDEN BAY SAILING CLUB

Summer Series August Race Results

We managed to get in 4 races during August, averaging 11 boats per race. The results for the month were:

Raven Lunatic (Brad Lowell)	50.9 Points
Lark (Zoro Szabados)	49.1 “
AWTY (Ron Badley)	46.5 “
Pretender (Claus Sjogren)	41.7 “

A special thanks to Ron Badley who organized and recorded two of the races.

The cumulative results in the Summer Race Series for April through August were:

Peregrine (David Twentyman)	249.3 Points
Lark (Zoro Szabados)	173.8 “
AWTY (Ron Badley)	140.1 “
Raven Lunatic (Brad Lowell)	138.7 “

So far we have eight boats eligible for the Tom Barker Award, and another four are only one race from being included.

Just as a reminder there is one month left in the Summer Series. In October we start the Winter Race Series.

Tuesday Afternoon Races

Ron Badley has been organizing mid week races, and the momentum seems to be picking up. The idea is to do a series of short windward/leeward races and to get in as many as possible on each occasion. To make it simple all races are run as Boomerangs, which eliminates the need for handicaps.

If anybody is interested, races start at 4:00 pm. Contact Ron just to make sure that there is a quorum! His number is 604-741-1481, or he can be reached at badleybuiltboats@gmail.com

Rules Quiz #4

Boats A and B are approaching the starting line to start. B is a few feet clear astern of A and yelling “Up! Up! Up!” A holds her course. B then becomes overlapped to leeward of A and A immediately luffs (heads up) approximately

15 degrees and there is contact between the starboard bow of B and the port corner of A's transom. There is no damage or injury. Both boats protest.

You are on the protest committee, so how would you decide this?

Next Pub Meeting

The next Pub Meeting will be held after the race, at the Garden Bay Pub, on September 16. For those who will not be racing we should be there around 2:30 - 3:00 pm.

Egmont Race/Cruise

Sept 9/10

The Race Cruise to Egmont is scheduled for the weekend of September 9-10. Charlie Park is unable to organize this Race/Cruise so **I am looking for somebody to take the lead.** Please contact me asap.

GBSC Membership

The membership currently stands at 54 versus 57 last year. The newest members are: John and Julie De Paulo who own Shandy II a C&C34.

It is not too late to pay your dues if you have overlooked it!

Thank you.

Volvo Ocean Race 2017/18

For those of you who watched the last edition I expect this one to be even more exciting and demanding. This classic race will begin on October 14 with an import race in Alicante. The race itself begins on October 22 and will take the teams 45,000 nautical miles around the world. More time is going to be spent in the Southern Oceans than ever before, and the total distance is longer than before. The seven teams have now completed the leg zero qualifying portion, which involved the Round Isle Of Wight Race, Rolex Fastnet Race, a leg from Plymouth to San Malo, then from San Malo to Lisbon.

This years edition will once again begin in Alicante before proceeding to Lisbon/ Cape Town/Melbourne/Hong Kong/ Guangzhou/Hong Kong/Auckland/ Itajai/Newport/Cardiff/Gothenburg and ending in The Hague. In Port races will be held everywhere except Melbourne.

The coverage of this race is expected to be even better than in earlier years, and should have viewers clinging to their seats!

See www.volvooceanrace.com for more information.

Answer to Quiz #4

B is penalized under rule 15, Acquiring Right of Way. Before the boats were overlapped, B was required to keep clear under rule 12, On the Same Tack, Not Overlapped; and despite B's hails, A, as the right-of-way boat, was under no obligation to take any action relative to B. When B became overlapped with A, she instantly became the right-of-way boat under rule 11, On the Same Tack, Overlapped; however she was also initially required to give A room to keep clear of B under rule 11, but did not have the room (space) she needed to keep clear as evidenced by the contact. B broke rule 15; and A broke rule 11 but is exonerated under rule 21, Exoneration.

Both boats are required by rule 14, Avoiding Contact, to avoid contact if reasonably possible. A responds immediately to B's overlap but is unable to avoid contact; therefore she does not break rule 14. B clearly breaks rule 14, but as she is the right of way boat at the time, she can not be penalized under rule 14 because the contact does not cause damage or injury (see rule 14 (b)).

Fair Winds

David Ll. Twentyman

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Make It and Take It by Jude Le Moine

Cruising is such a lovely contrast from racing, although I would never choose it exclusively. We spent the month of June afloat. We had anticipated the kind of cruising situation we read about; alas, rain, high-wind warnings, choppy waters, necessary engine repairs and hull damage left us describing our time as 'an adventure', not the idyllic summer evenings in the cockpit that we had dreamed about.

But I digress...

I had hoped to have a delectable easy-peasy fish recipe for you this month but, see above! Galleys are small spaces. I think we all like to eat well, especially when on holiday but no one I know wants to spend a long time in confined quarters with two burners going to produce a delectable meal.

Looking for a change from the steady diet of race day sandwiches, I discovered how transportable quiche is. From there it was a no-brainer to package up* quiche for a short cruise. Two quiche will keep (properly stored) in our ice box for about 4 days and they provide a filling lunch while underway or a take-ashore picnic.

Greek Salad keeps equally well and has become a regular stand-by for short cruises as well as Saturday lunches.

Racing Quiche

2 frozen pie shells (I like the "Simpler Ingredients" one)
2 cups grated cheese (a combo Old Cheddar, Swiss
Emmental or anything else you like)
8 eggs
1 cup 18% coffee cream

3 onions thinly sliced
1 1/2 cups thinly sliced mushrooms (about 8)
1/3 cup butter
Salt, pepper
Garlic plus seasoning

Preheat oven to 425°

Melt the butter and slowly sauté the onions until soft and transparent. This can take as long as you like. Add the mushrooms once the onions have begun to soften.

Sprinkle with salt, pepper to taste and a generous amount of Garlic Plus. Set aside.

Grate cheese.

Beat eggs. Add coffee cream when eggs are blended. Blend well.

Cover the bottom of the thawed pie shells with grated cheese.

Divided the onion/mushroom mixture between the two pie shells. Spread as evenly as possible.

Pour 1/2 the egg mixture into each pie shell.

Top with remaining grated cheese.

Place both pies on a cookie sheet (in case of spills) and into the preheated oven.

Bake 15 minutes.

Reduce heat to 350° and continue baking for approximately 30 minutes or until a knife blade inserted into the centre of the pie comes out clean.

Cool on a rack or serve immediately.

Chutney makes a zippy accompaniment.

Note: You can create any quiche filling you choose with a combo of cooked meat and vegetables. Ham, sausage or bacon are my faves.

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* Put a ceramic (solid) plate on top of the quiche, pack tightly so there's no movement inside a plastic bag and secure with a clip.

Greek Salad

1 English cucumber, halved and cut into 1/2" chunks
 16 (or so) tiny tomatoes, halved
 1/3 cup very thinly sliced red onion. (Quarter each slice)
 1/3 c. sliced Kalamata olives
 6 (+/-) whole black olives (optional)
 1/4 c. Crumbled feta cheese
 3 tbsp. Olive oil
 2 tbsp. Red wine vinegar
 2 tbsp. Balsamic vinegar
 1 tbsp. Greek seasoning
 Dash of salt
 Freshly ground black pepper

Mix all ingredients in a container with a tight fitting lid.

Pack it up to take or serve immediately...at least taste it, it's yummy and you may need to adjust the seasonings.

I do hope to get back to that easy-peasy seafood recipe I mentioned, sometime in the future.

Meantime, enjoy these summery treats while the sunny weather holds.

Wishing you warm breezes and sunny skies for September cruising.